

Certificate Course in Beauty Therapy & Hair Dressing

Paper-I Basics of Beauty Parlour

Unit –I

Lectures: 10

Safety Precautions

- i. Practice in safe working, Precautions, observe safety procedures while handling electrical equipments.
 - Basic first aid for cuts and burns.
 - Maintain good housekeeping.

Unit –II

Lectures: 10

Sterilization and Sanitization

- i. Procedure of sterilization and sanitization.
- ii. Chemical sanitizing and sterilizing agents
- iii. Public sanitization.

Unit –III

Lectures: 10

Professional Ethics

- i. A professional attitude towards client.
- ii. Communication skill.

Unit –IV

Lectures: 10

Manicure and Pedicure

- i. Introduction, select and arrange tools and equipments for manicure and pedicure
- ii. Perform manicure and pedicure.
- iii. Practice of putting Mehendi on hands and feet with cone, stick and fingers.
- iv. Practice of putting sticker mehendi, colorful sparkle mehendi, kundan mehendi.

Unit –V

Lectures: 10

Removal of superfluous hair

- i. Introduction-causes of superfluous hair- Identify of various types of hair removal treatments.
- ii. Method of hair removal-
Epilation- waxing, threading.
Depilation- Chemical.

Unit –VI

Lectures: 10

Eye Brow Shaping

- i. Removing hair with threads.
- ii. Removing hair with tweezer.
- iii. Measurements of eyebrows for correct length and arch.
- iv. Cleaning of eyebrows.
- v. Shaping of eyebrows.

Unit –VII

Lectures: 10

Bleaching and Facial

- i. Preparation of client and trolley for bleaching and facial.
- ii. Preparation of bleach and facial pack.
- iii. Cleaning of face prior to bleaching.
- iv. Procedure of facial- scientific method.
- v. Practice in application of bleaching pack.
- vi. Uses of various types of bleaches.

Unit –VIII

Lectures: 10

Hair

- i. Types of hair
- ii. Application of oil.
- iii. Importance and benefits of scalp massage.
- iv. Types of shampoos and rinses.
- v. Use of shampoos and rinses.

Unit –IX

Lectures: 10

Hair Cutting

- i. Knowledge of hair texture.
- ii. Correct use of cutting equipments.
- iii. Factors to be considered while cutting wet and dry hair.
- iv. Practice of holding scissors and comb.
- v. Sectioning procedure for hair trimming and for blunt cut.
- vi. Practice of cutting wet and dry hair.
- vii. Drying and setting hair with hand dryer.

Reference Book:

- Body Recipes- Urvashi Dave/ Richa Dave
- Make-Up Album- Urvashi Dave/ Richa Dave

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Paper-II Hair Dressing and Saree Tripping

Unit –I

Lectures: 10

Hair Dressing-

Introduction, Types of hair, knowledge of different hair styles as per hair texture. Preparing the client for hair style.

Unit –II

Lectures: 10

Hair Dressing-

Types of materials, cosmetics, tools and equipments used for hair styling. Preparing the trolley for hair style.

Unit –III

Lectures: 10

Types of Hair Style-

French roll, French partition, zula choti, Butterfly choti, Bridal roll , zuda.

Unit –IV

Lectures: 10

Decoration for Hair Style-

Brouches, Hair Sticker, hair jewellery, fresh flowers.

Unit –V

Lectures: 10

Artificial Hair Style-

Introduction, procedure of using Artificial hair styles, types of artificial hair style.

Unit –VI

Lectures: 10

Saree Tripping-

Introduction, selection of saree for occasion, to select saree style for occasion.

Unit –VII

Lectures: 10

Tools and equipments for saree tripping

Types of pins, stitching material, decorative pins and preparing the client for saree tripping.

Unit –VIII

Lectures: 10

Types of Saree tripping

Simple saree- Party wear- Gujrathi saree- Ghagara Pattern-Fish Cut- Bengali Saree-Navvari.

Unit –IX

Lectures: 10

Decoration of Saree-

Jewellery of saree- Mekhala, Decorative Pins(Golden, Silver, Diamond & Polki)

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Paper III—Practical based on Paper-I & Paper-II

Lab Course:-

Total Hours:- 120

1. Practical on safety Precautions, sterilization and sanitization.
2. Practical on Manicure and pedicure.
3. Practical on Eyebrow shaping.
4. Practical on waxing, threading.
5. Practical on facial and bleaching.
6. Practical on hair cutting.
7. Practical on French roll, French partition, zula choti, butterfly choti, bridal roll, juda.
8. Practical on decoration of hair style.
9. Practical on saree tripping- Simple wear, Party wear, Gujrathi saree.
10. Practical on saree tripping- Ghagra pattern, fish cut, Bengali saree, navwari.