

Lews Educational Unions

Dr. Annasaheb G. D. Bendale Mahila Mahavidyalaya, Jalgaon Jilha Road, Jilha Peth, Jalgon NAAC Re-Accredited 'A' Grade (3.12)

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Ref. No.

Date: 04/03/2022

## Department of Psychology Report of Workshop on Mental Health

Psychology department and IQAC jointly organized a workshop on 03 March 2022.

- The subject of workshop was "Mental Health"
- \* The resource person of this workshop was Dr. B.S.Pawar, (HOD) Department of Psychology. Dr. Annasaheb G.D.Bendale Mahila Mahavidyalaya, Jalgaon.
- In his lecture he has explained the nature of Mental Health in detail.
- \* He described the symptoms of healthy mental health as well as he elaborates some mental disorders with examples from day to day life. Thereafter a standardized psychological test of mental health was administered and interpreted by the participants and discussed on the conclusions.
- \* This workshop was organized with the purpose to look after the mental health of faculty members therefore only faculty members were the participants of this workshop.
- Total twenty five staff members were participated in this workshop.

Dr. Annasaheb G. D. Bendale Mahila Mahavidyalay, Jalgaon

## 2021-2022 MOS 110. HI0114-19 3-114 1821 1821/201 डो. अण्णास्माहेब भी. ही बडाटे महिला महितिहा। लियामीम मान्यासि विभाग क्यामान प्रदेश। क्यामान आयोजिन मानासिक आरोक्य कार्यक्राका किना-अनुदापनेत व तासिका तत्वावरील सर्व सरकारी प्राह्मापक या अत्यासाठी सामारिक आरोक्य कार्यकार्या 9012[21120] 22/20 3- EIIS 24110] E 200 8- 54121 4 915171 940188- 08/08/2022 SHELLER: 41. 41412 31.01/81 210) अपुरम्बर छणारक्ती मा. अपप्रायार्ट हो. वही. मे पाठील मा. उपप्राचार्य डा. फी. एन. तायडे -172e/clar :- 31. el. U.M. 4012

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